

Harijs Vitoliņš

ICE HOCKEY CAMP SCHEDULE 2025



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
8:45 Meeting time	8:45 Meeting time	8:45 Meeting time	8:45 Meeting time	8:45 Meeting time	8:45 Meeting time
9:00-9:45 Parents meeting	9:00-9:45 Off - Ice	9:00-9:45 Off - Ice	9:00-9:45 Off - Ice	9:00-9:45 Off - Ice	9:30-10:15 Theory
9:00-9:45 Off - Ice	10:15-11:45 Ice practice	10:15-11:45 Ice practice	10:15-11:45 Ice practice	10:15-11:45 Ice practice	10:15-11:15 Off - Ice
10:15-11:45 Ice practice	12:00-12:45 Theory	12:45-13:15 Lunch	12:00-12:45 Theory	12:00-12:30 Stretching	11:45-13:45 Ice practice
12:00-12:30 Stretching	12:45-13:15 Lunch	13:15-17:00 Team building	12:45-13:15 Lunch	12:45-13:15 Lunch	14:15-14:45 Lunch
12:45-13:15 Lunch	13:15-13:45 Rest time	17:30-18:00 Dinner	13:15-13:45 Rest time	13:15-13:45 Rest time	15:00-16:00 PHOTOS/TALKS
13:15-13:45 Rest time	13:45-14:45 Off - Ice		13:45-14:45 Off - Ice	13:45-14:45 Off - Ice	
13:45-14:45 Off - Ice	15:15-16:45 Ice practice		15:15-16:45 Ice practice	15:15-16:45 Ice practice	
15:15-16:45 Ice practice	17:00-17:30 Stretching		17:00-17:30 Stretching	17:00-17:30 Stretching	
17:00-17:30 Stretching	17:30-18:00 Dinner		17:30-18:00 Dinner	17:30-18:00 Dinner	
17:30-18:00 Dinner					